



COACH & MANAGER INFO 2026 SEASON

The Coach's Role

- make the football experience of every player as enjoyable as possible
- provide an environment for the kids children to learn and enjoy the game
- organising fun game based training sessions
- allow the kids to learn through playing the game with minimal instruction on game day
- focus on player development
- Ensure that players are rotated so they all get game time
- praise and encourage your players
- be enthusiastic and approachable
- ID Cards - for competition teams U12 and above your player cards must be available to show the opposing team at each game, if another team borrows one of your players they will need their card to show at that game, make sure it is returned to you!

The Manager's role

The role of manager is an important one.

- You relay information from the Club to your team's parents and players,
- Confirm match details each week
- Assist the coach on game day
- Fill in the coach, manager, team ground control names and sign the match sheets at the end of the game - when playing at home AND when playing away
- Assist coach to coordinate player rotation
- Organise weekly Stingray of the Week and voucher awards (the club supplies these Round 1).
- Notify the Club immediately if your team isn't able to play (illness or players on holidays). Parents should advise the manager if their child will be unable to play.
- Organise volunteers for Canteen and Ground Marshall duties
- Check your team's pigeon hole each week in Ground Control

Managers are required to wear a fluoro yellow vest at the game, this will be in your kit bag

We very much appreciate you volunteering as coach/manager, please remember the role is not without responsibility. Every coach and manager is expected to maintain the highest standards of behaviour at all times as a Club representative & a role model for the kids.

As a more mature and experienced person, you need to provide a calming influence and lead by example, especially when things don't go your team's way.

CRLFC is a leader in exhibiting fairness and good sportsmanship; to other players, game day marshals, opposition officials, all spectators and referees.

All coaches and managers are expected to read and follow the SSFA Codes of Conduct Policies available here: <https://shirefootball.com.au/codes-and-policies/>



Contacting the Club or Committee

There are WhatsApp groups set up for MiniRoos, Saturday Competition & Sunday Competition teams - this would be the best place to send a message. Bridget (Registrar) David (Secretary) & Justin (President) are all in all 3 groups. <https://shirefootball.com.au/codes-and-policies/>
Email addresses are below for any communications that you don't want shared in the group:

Bridget Fazio - Registrar registrar@cronullarslfc.com.au 0421 325 647

David Robb- Secretary secretary@cronullarslfc.com.au

Justin Cavdarovski - President president@cronullarslfc.com.au

Jodie Parker - Assistant Secretary assistantsecretary@cronullarslfc.com.au 0417 500 936

Checking your game time

The draw is published on the SSFA website <https://ssfa.mycompapp.com/#/fixtures>
Normally the team manager passes on this information weekly directly to the parents, either by email or SMS/text message, messenger or WhatsApp (whatever your team is going to use as a communication tool) .

Also remember the SSFA can, and does, occasionally change the draw – sometimes quite late in the week, but it is still up to you to double-check your game time.

Insufficient players for a game & forfeits

If your team is unable to field a full team:

- borrow players from another CRSL team in the same age group (or younger)*
- Mini Roos can ask the opposition to loan you a player or two
- forfeit the match. If you do need to forfeit contact the Club well before the game, so we can notify the SSFA and the opposing team. Lack of notification results in a fine to the Club.

Email us as soon as you know you will need to forfeit secretary@cronullarslfc.com.au with:

Team name | Date & Time of Game | Opponent | Ground

**Use the Mini Roo or Saturday Comp Teams WhatsApp to seek players who may be able to play for you - ideally providing the game time & location with the request*



Borrowing Rules

Most Common breaches of the borrowing rules are:

1. Borrowing a player that is too young
2. Borrowing a player from incorrect allowable age group & grade
3. Borrowing too many players
4. Borrowing too many players from a team within the same grade. E.g U13B/1 & U13B/2
5. Not listing a Borrowed player on the match sheet
6. Borrowing players more than the allowed number of times within the season
7. Don't leave it up to an agreement between your team and your opposition

The rule book states what the borrowing players rules are:

Mini Roo Borrowing Rules Page 13:

<https://shirefootball.com.au/wp-content/uploads/2025/01/Rule-Book-2025-MiniRoos.pdf>

Summary:

- U6- U11 players can be borrowed into any other side within their age group at any time.
- U6- U11 players can be borrowed into a higher age group but cannot go up more than two (2) years in age as given by the age they turn in that year. i.e an U8 can play in the U10 if they are already 8, if they are currently 7 they cannot play in U8 (even if playing in an U8 Team).
- U10 players may be borrowed into any Under 10 or Under 11 side.
- U10 and U11 Players can play for U12 teams BUT they are only allowed to go down one (1) grade SO ... our U11A team cannot play for the U12C team, but W11A can play in the W12B team
- no more than TWO (2) Under 10 players can play for the U12 age teams
- players may only be borrowed to the same team five (5) times in total during the season.

The easiest way to find players would be to message the Coach & Manager WhatsApp chat group
- there are groups set up for Mini Roos, Saturday Competition & Sunday Competition teams.

Competition Teams U12 & older) borrowing rules Page 26:

shirefootball.com.au/wp-content/uploads/2025/01/Rule-Book-2025.pdf

Ground Locations

There is a [list of all the fields/grounds](#) is on the SSFA Website and on MyComp App.



Game Formats & Rules for various age groups

- U6 & U7: 4-a-side with no goalkeeper
- U8 & U9: 7-a-side including a goalkeeper
- U10 & U11: 9-a-side including a goalkeeper
- U12 years and over - 11 on the field
- U12 & U13 goal kicks & corner kicks have slightly different rules to the other competition team rules - see page 38 of [Rule Book](#).

Mini Roo Rule Book link:

<https://www.shirefootball.com.au/s/Rule-Book-2025-MiniRoos.pdf>

Full Rule Book for Competition teams:

<https://www.shirefootball.com.au/s/Rule-Book-2025.pdf>

Game Duration

U6 U7 U8 U9	20 minutes each half
U10 & 11	25 minutes each half
U12	25 minutes each half
U13 & U14	30 minutes each half
U15 & U16	35 minutes each half
U17	40 minutes each half
U18 and older	45 minutes each half

All games have a 5 minute half time break

Ball Sizes

U6 - 9 Size 3

U10- U13 Size 4

U14 and up Size 5

Ground Duty Roster

- Each team from U6 through to Seniors will normally have two Ground Duty Rosters per season (depending on the draw there may be more or less)
- You will usually be notified at least 1 week prior what time slot and duty allocated - this could be Canteen duty, BBQ duty or packing up the Mini Roo fields.
- Coaches and/or Managers should rotate these duties amongst all families.
- We try to arrange the duty so that it is either directly before or after your game, but sometimes it may be during the game, if this happens you can split the time slot so one parent does not miss the whole game.
- Volunteers should report to the Ground Control or Canteen person on duty that day, who will direct them on what needs to be done.

Wet Weather

Always assume that games are on until there is notification from CRSL of the SSFA that games are off, or moved.

We will publish an announcement on our [Facebook page](#) and [Instagram page](#) and via the Coach and Managers WhatsApp groups, as soon as we know if a round has been washed out.

It will be the coach or manager's responsibility to notify their team.

Occasionally a few grounds may be unplayable and games might be moved to another venue, this will be announced on the [SSFA website](#)

Shared Services

CRSLFC utilises the SSFA Shared Service (SS) to help us communicate with and assist Coaches, Managers, and Club Committee & other volunteers with:

- Coaches and Managers details
- Ground Duty Rosters
- Match Sheet Infringements
- Judiciary Items
- Working with Children Check Compliance (Instructions for obtaining WWCC are [here](#))
- General Season Communications
- [Injury/Accident](#) Reports to SSFA & [Player Insurance](#) Information

Please make sure you sign up with Shared Services to get access to the resources and assistance they offer.

All Coaches and Managers should:

1. Register in [Play Football](#) (no fees involved)
2. Log in to www.ssfaservices.com.au and update or add your 2025 team role in My Profile
3. If you are a NEW Coach or Manager haven't already please register with SS at www.ssfaservices.com.au. Returning C&M log in & update your team role.

If you need help with any of the above please email: cronullarslsoccer@ssfaservices.com.au

MyCompApp

MyCompApp (MCA) will again be used for the 2026 SSFA competition system, providing access to:

- | | |
|----------------------------|--------------|
| - Results | - My Offence |
| - Tables | - My Team |
| - Announcements and Events | |

Download the SSFA My Comp App via [App Store](#) or [Google Play](#).

